



Hucknall Road **Medical Centre**

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**NEWSLETTER
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**Practice opening
times:**

The practice is open
Mon-Fri 7.30-am-6.30pm
Saturday & Sunday—
Closed

Doctors appointments are
available from **7.30-
8.00am Mon-Fri.**

These are pre-bookable
via the internet or phone.
*Please note our phone lines
are still diverted to out-of-
hours service between
7.30-8.00am.*



Welcome to the autumn issue of the Practice Newsletter. We continue our aim to keep you informed of the services at Hucknall Road and also keep you up-to-date with the latest news. You can subscribe to our newsletter at www.hucknallrdmc.co.uk and you will automatically receive a copy via email each time the latest issue is released.

Flu season is back-don't delay get your flu jab today!!!!

NHS England have recommended that all those aged 65 or over are offered the adjuvanted trivalent flu vaccine this year (as opposed to the quadrivalent vaccine which is being offered to the under 65s). Trivalent versus quadrivalent refers to the number of strains of flu that the vaccine protects against. People over the age of 65 are being offered the trivalent vaccine over the quadrivalent vaccine as this is the most effective vaccine currently available for people over the age of 65.

Throughout the country the delivery of the flu vaccine for people aged 65 and over is being staggered. Because of this we have to stagger vaccination of our patients who are aged 65 and over.

Our first flu clinic was a great success, we vaccinated 424 patients. Our next flu clinic is on 3rd November and this is available to all eligible patients.

Please attend between 8am-11am on the Saturday flu clinics. There is no need to book an appointment or notify us of your intention to attend.



Training Events

The Practice will be closed for Staff Training from 12.00pm on **Tuesday 27th November**. Please note that on the training day prescriptions will not be available from 12pm until 7.30 am the next day. Apologies for any inconvenience this may cause.

Patient Participation Group- Have your say...

Do you feel passionate about the health services in your area? Do you want to make the difference and influence the way services are delivered to you and your community? Then why not joining our Patient Participation group (PPG)? Visit our website for more information; alternatively please feel free to join next meeting on **Wednesday 30th January at 6.00pm** in the Practice.

Your Feedback

Your feedback is very important to us. Please feel free to write to us with your comments, suggestions or questions. Our address is shown above, alternatively you can leave you comments at the reception.

Walking Group

We have started a walking group which meets at 10am on the first Thursday of every month outside the surgery doors. We try to send a staff member with the group each time to promote physical movement within our team and also to support the group in its early stages. If you would like to join, just turn up. It is a very gentle walk and just over 2 miles long.



Macmillan Cake Sale

We hosted our first cake sale in support of Macmillan Cancer Support on 28th September. We had a mixture of baked goods and shop brought cakes kindly donated by staff to sell. We had a stall in the reception area and our patients were very generous. We managed to raise £144.40 from staff and patient donations. Thank you to everyone who bought some cakes or gave money. Every penny counts.



GP+ Nottingham City – extended hours access for patients

GP + are offering evening and weekend appointments bookable through your GP practice, patients registered at this practice are able to access additional routine appointments during evenings and weekends through the new GP+ service.

Appointments are available to see GPs, Practice Nurses, Clinical Pharmacists and Physiotherapists in a fully equipped accessible location on Upper Parliament Street in Nottingham City Centre.

Opening hours are:

16:00-20:00 Monday – Friday

9:00-13:00 Saturday & Sunday

This is not a walk-in service, appointments are required and booked through the reception team at the surgery. For more information visit: www.ncgpa.org.uk/gpplus

Staff News

We would like to say good bye to Dr Michael Butler who retired at the end of September. He has been an integral part of what makes Hucknall Road Medical Centre what it is today and we wish him all the best on this new chapter in life.

We have two new staff members joining us. Amie has joined our reception team and Dr Laura James joined us as a salaried GP on 15th October.